



## Personal/Family Preparedness Plan: "PEACE" of Mind

<b>P</b> Prepare your plan	√		Review Date
		Prepare and review my personal/family preparedness plan	
<b>E</b> Emergency Preparedness Kit	√		Expiration Date
		Home Kit	
		Travel Kit	
		Work Kit	
<b>A</b> Arrange for the care of others	√		Caretaker:
		Children	Phone:
		Parents	
		Pets	
<b>C</b> Contact numbers and locations	√		Contact Person and Location:
		Primary Contact	Phone:
		Alternate Contact	
		Family Meeting Spot	
		I.C.E.	
<b>E</b> Exercise and evaluate	√	Every 6 months:	Dates
		Exercise my plan	
		Review contact information	
		Update my supplies	

For more information, please contact the Yale New Haven Center of Emergency Preparedness and Disaster Response at (203) 688-3224 or [center@ynhh.org](mailto:center@ynhh.org).



© 2004, 2006 Copyright Yale New Haven Health System